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Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – ESTER-C PLUS

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as ESTER-C PLUS

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:

"Vitamin C, also known as ascorbic acid, is an antioxidant that is required for proper tissue growth and maintenance. Ester C has naturally bonded minerals, which help the body absorb the vitamin C more quickly. Vitamin C supports a healthy immune system and blood and tissue functions in the body."

3) Name of dietary ingredient: See attached product label.

4) Brand Name: ESTER-C PLUS

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

A handwritten signature in black ink, appearing to read "Doug Metz".

Dr. Doug Metz
Sr. Vice President

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This product contains no yeast, milk, lactose, wheat, sugar, soy, artificial ingredients or preservatives.

Directions For Use: Take 1 tablet as needed with meals or water.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating provide it to a child without consulting a physician. Mega-doses can cause diarrhea and skin rashes, and long term use can cause oxalate and uric acid stone formation.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,
PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

1999 R/O

Item # 40162

ESTER-C® PLUS

DIETARY SUPPLEMENT



100 TABLETS

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount Per Serving:	%Daily Value
Vitamin C		
(as Ester-C® calcium ascorbate)	500 mg.	833%
Calcium		
(as Ester-C® calcium ascorbate)	50 mg.	5%
Bioflavonoid complex (from a natural derivative of orange, grapefruit, lemon, lime and tangerine)	100 mg.	*

*Daily Value not established.

Other Ingredients: Cellulose, Silica, Stearic acid.

Ester-C® is a licensed trademark of Inter-Cal Corporation and is manufactured under U.S. Patent No. 4,822,816.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.